

PACKING LIST

Luggage:

- ◇ Duffel bag or storage bin
- ◇ Daypack

Clothing/Footwear:

- ◇ Enough comfortable camp clothes for 5 days (including jeans for horseback riding)
- ◇ Several pairs of underwear and socks
- ◇ Swimsuit (one-piece)
- ◇ Rain jacket, waterproof and breathable
- ◇ Sweatshirt or light jacket
- ◇ Sun hat and/or sun glasses
- ◇ Closed-toed camp shoes (hiking shoes/boots)
- ◇ Heeled boots with slick bottoms for horseback riding
- ◇ Sandals/water shoes

Medication:

- ◇ **Prescription medications:** Please follow directions on medication form. Do not bring over-the-counter medications.

Camping/Personal Gear:

- ◇ Sleeping bag with compression stuff sack
- ◇ Sleeping pad
- ◇ Water bottles
- ◇ Headlamp
- ◇ Sun protection (sunscreen, lip balm, etc)
- ◇ Bug spray
- ◇ Toiletries (soap, shampoo, toothbrush/toothpaste, towel, washcloth, etc.)
- ◇ Bible, journal, pen
- ◇ Dirty clothes bag
- ◇ Spare batteries
- ◇ Light, portable bowl and utensil(s)

Optional Items:

- ◇ Hammock
- ◇ Pocket knife
- ◇ Camera

Note: Pack a separate bag with one pair of clothes to wear home!
This bag needs to fit in your duffel bag.

DO NOT BRING
CELL PHONES OR ELECTRONICS, TOBACCO,
ALCOHOL, DRUGS, FIREWORKS, FIREARMS, PETS, EXPENSIVE
CLOTHES AND SHOES, OR OTHER VALUABLE PERSONAL ITEMS