



Sparrowwood Packing List

Glisson Camp and Retreat Center

Luggage:

- ◇ Duffel bag or suitcase
- ◇ Daypack/Bookbag

Outerwear:

- ◇ Waterproof rain jacket or poncho
- ◇ Sweatshirt or light jacket

Footwear:

- ◇ Tennis shoes (required for activities)
- ◇ Extra pair of shoes in case of rain
- ◇ Water shoes with heel strap (no flip flops allowed at camp)

Clothing:

- ◇ 6 sets of comfortable camp clothes (shorts and t shirts are the norm)
- ◇ 1 pair of pants/ blue jeans (required if attending horse camp)
- ◇ 6-7 pairs of underwear
- ◇ 4-5 pairs of socks
- ◇ Swimsuit (one-piece)
- ◇ Sun hat and/or bandana

Other Gear:

- ◇ Bible, journal, pen
- ◇ Dirty clothes bag (labeled with name)

Sleeping:

- ◇ Sleeping bag or sheets & bed cover for single bed
- ◇ Pillow
- ◇ Pajamas

Camping Gear:

- ◇ Leak proof water bottle
- ◇ Flashlight or headlamp
- ◇ Insect repellent
- ◇ Sun block and lip balm
- ◇ Toiletries (soap, shampoo, toothbrush/toothpaste)
- ◇ Towels
- ◇ Washcloths

Optional Items:

- ◇ Camera
- ◇ Musical instrument
- ◇ Sunglasses
- ◇ Shower shoes

Medication:

- ◇ **Prescription medications:** Please follow directions on medication form. Do not bring over-the-counter medications.
- ◇ Medical bracelet or necklace that identifies seizures, allergies, and other medical information

Label all clothes and personal items before you come to camp

DO NOT BRING

CELL PHONE, RADIO, CD/MP3/DVD PLAYER, TOBACCO OF ANY KIND,
ALCOHOL, DRUGS, FIREWORKS, FIREARMS, PETS,
VIDEO GAMES, FLIP FLOPS, WATER GUNS, EXPENSIVE CLOTHES AND
SHOES, OR OTHER VALUABLE PERSONAL ITEMS