

What to bring

Luggage

- Large duffel bag or trunk
- Daypack or book bag (for water bottle, rain jacket)

Outerwear

- Waterproof rain jacket or poncho
- Sweatshirt or light jacket

Footwear

- Tennis shoes (2 in case a pair gets wet)
- Water shoes with heel strap (no flip flops)

Camp Clothing

- Shorts (3)
- Pants (1, blue jeans work well)
- T-shirts (3)
- Socks (3 pairs)
- Underwear (4)
- Pajamas
- Swimsuit (one-piece or tankini)
- Hat and/or bandana

Note: Labeling/initialing clothes is highly recommended

Sleeping

- Sleeping bag or twin-sized bed sheets
- Pillow

What NOT to bring

Cell Phone
Radio
CD/MP3/DVD Player
Tobacco
Alcohol

Drugs
Fireworks
Cell phones
Firearms
Pets

Video games
Water guns
Skate board
Skates
Unicycles

Expensive clothing
Expensive shoes
Any other valuable
personal item

Camping Gear

- Water bottle
- Flashlight or headlamp (extra batteries recommended)
- Sunscreen

Personal Items

- Toiletries (soap, shampoo, toothbrush, tooth paste, etc.)
- Bath towels (2) (washcloth, beach towel)
- Laundry bag for wet/dirty clothes
- Bible, journal, pen

Optional Items

- Camera
- Musical instrument

Medication

- Prescription medications (if applicable)

Please follow directions on medication form. Do not bring over-the-counter medications.