

What to bring

Luggage

- Duffel bag or sealable storage bin
- Day pack or book bag

Outerwear

- Rain jacket (waterproof and breathable)
- Sweatshirt or light jacket

Footwear

- Closed-toed shoes (ex: tennis shoes)
- Sandals with back strap or water shoes (no flip flops)

Camp Clothing

- Shorts (1-2)
- Pants/blue jeans (1)
- T-shirts (3-4)
- Long sleeve shirt (1)
- Socks (3-4 pairs)
- Underwear (3-4)
- Swimsuit (one-piece)
- Hat or bandanna
- White t-shirt for tie-dye

Sleeping

- Sleeping bag
- Packable sleeping pad (no air mattresses)

Camping Gear

- Water bottles (2)
- Headlamp or flashlight and extra batteries
- Sunglasses
- Sun protection (sunscreen, lip balm, etc.)
- Toiletries (soap, shampoo, toothbrush/paste, etc.)
- Towel and washcloth
- Bug spray

Other Gear

- Bible, journal, pen
- Dirty clothes bag

Optional Items

- Pillow
- Hammock
- Camera
- Musical instrument

Medication

- Prescription medications (if applicable)

Please follow directions on medication form. Do not bring over-the-counter medications.

Note: Labeling/initialing clothes is highly recommended. Pack a separate bag with one pair of clothes to wear home. This bag needs to fit in your duffel bag.

What NOT to bring

Food w/ peanuts/tree nuts
Cell phone
Music/video player
Tablets/computers
Video games

Tobacco/e-cigs/vapes
Alcohol
Drugs
Fireworks
Firearms/weapons

Pets
Water guns
Skateboard/skates
Bicycles/unicycles
Expensive clothing

Expensive shoes
Any other valuable
personal items