

What to bring

Cloth Face Coverings

- 6-10 cloth face coverings to be worn when your camper's living group is in common spaces and/or interacting with people outside of their living group (e.g. Challenge Course facilitator, etc) see glisson.org/covid

Luggage

- Duffel bag or suitcase
- Daypack/book bag

Outerwear

- Waterproof rain jacket or poncho
- Sweatshirt or light jacket

Footwear

- Tennis shoes (required for activities)
- Extra pair of shoes in case of rain
- Water shoes with heel strap (no flip flops)

Clothing

- 6 sets of comfortable camp clothes (shorts and t shirts are the norm)
- 1 pair of pants/ blue jeans
- 6-7 pairs of underwear
- 4-5 pairs of socks
- Swimsuit (one-piece)
- Sun hat and/or bandana

Sleeping

- Sleeping bag or sheets & bed cover for single bed
- Pillow
- Pajamas

Camping Gear

- Leak-proof water bottle
- Flashlight or headlamp
- Insect repellent
- Sunscreen and lip balm
- Toiletries (soap, shampoo, toothbrush/toothpaste)
- Towels
- Washcloths

Optional Items

- Camera
- Musical instrument
- Sunglasses
- Shower shoes
- Attire or props for talent show

Medication

- Prescription medications (if applicable)
Please follow directions on medication form. Do not bring over-the-counter medications.
- Medical bracelet or necklace that identifies seizures, allergies, and other medical information

What NOT to bring

Food with peanuts/tree nuts
Cell phone
Music/video player
Tablets/computers
Video games

Tobacco/e-cigs/vapes
Alcohol
Drugs
Fireworks
Firearms/weapons

Pets
Water guns
Skateboard/skates
Bicycles/unicycles
Expensive clothing

Expensive shoes
Any other valuable
personal items