

## What to bring

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### Luggage

- Duffel bag or suitcase
- Daypack or book bag (for water bottle, rain jacket)

### Outerwear

- Waterproof rain jacket or poncho
- Sweatshirt or light jacket

### Footwear

- Tennis shoes (required for activities)
- Extra pair of shoes in case of rain
- Water shoes with heel strap (no flip flops)

### Clothing

- Shorts (6)
- Pants (1, blue jeans work well)
- T-shirts (6)
- Socks (8 pairs)
- Underwear (8)
- Pajamas
- Swimsuit (trunks/one-piece/"tankini")
- Hat and/or bandana

*Note: Label all clothes and personal items before you come to camp*

### Sleeping

- Sleeping bag or sheets & bed cover for twin bed
- Pillow

## What NOT to bring

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Food with peanuts/tree nuts  
Cell phone  
Music/video player  
Tablets/computers  
Video games

Tobacco/e-cigs/vapes  
Alcohol  
Drugs  
Fireworks  
Firearms/weapons

Pets  
Water guns  
Skateboard/skates  
Bicycles/unicycles  
Expensive clothing

Expensive shoes  
Any other valuable  
personal items

### Camping Gear

- Leakproof water bottle
- Flashlight or headlamp (extra batteries recommended)
- Insect repellent (deet-free)
- Sunscreen

### Personal Items

- Toiletries (soap, shampoo, toothbrush, tooth paste, etc.)
- Bath towels (2) (washcloth, beach towel)
- Laundry bag for wet/dirty clothes
- Bible, journal, pen

### Optional Items

- Face coverings (welcome but optional)
- Disposable camera
- Musical instrument
- Sunglasses and/or lip balm
- Shower shoes
- Stationery, stamps
- Small fan and extension cord
- Attire or props for talent show

### Medication

- Prescription medications (if applicable)  
*Please follow directions on medication form. Do not bring over-the-counter medications.*
- Medical bracelet or necklace that identifies seizures, allergies, and other medical information