

## What to bring

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### Luggage

- Duffel bag or sealable storage bin
- Day pack or book bag

### Outerwear

- Rain jacket (waterproof and breathable)
- Sweatshirt or light jacket

### Footwear

- Closed-toed shoes (ex: tennis shoes)
- Sandals with back strap or water shoes (no flip flops)

### Camp Clothing

- Shorts (1-2)
- Pants/blue jeans (1)
- T-shirts (3-4)
- Long sleeve shirt (1)
- Socks (3-4 pairs)
- Underwear (3-4)
- Swimsuit (one-piece)
- Hat or bandanna
- Pajamas

*Note: Labeling/initialing clothes is highly recommended. Pack a separate bag with one pair of clothes to wear home. This bag needs to fit in your duffel bag.*

### Sleeping

- Sleeping bag
- Packable sleeping pad (no air mattresses)

## What NOT to bring

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Food w/ peanuts/tree nuts  
Cell phone  
Music/video player  
Tablets/computers  
Video games

Tobacco/e-cigs/vapes  
Alcohol  
Drugs  
Fireworks  
Firearms/weapons

Pets  
Water guns  
Skateboard/skates  
Bicycles/unicycles  
Expensive clothing

Expensive shoes  
Any other valuable  
personal items

### Camping Gear

- Leak-proof water bottles (2)
- Headlamp or flashlight and extra batteries
- Sunglasses
- Sun protection (sunscreen, lip balm, etc.)
- Toiletries (soap, shampoo, toothbrush/paste, etc.)
- Towel and washcloth
- Insect repellent (deet-free)

### Other Gear

- Bible, journal, pen
- Dirty clothes bag

### Optional Items

- Face coverings (welcome but optional)
- Pillow
- Hammock and straps
- Disposable camera
- Musical instrument

### Medication

- Prescription medications (if applicable)

*Please follow directions on medication form. Do not bring over-the-counter medications.*